Spiritual Growth

Let each morn be better than its eve and each morrow richer than its yesterday.—Bahá'u'lláh

A prayer to begin with

Create in me a pure heart, O my God, and renew a tranquil conscience within me, O my Hope! Through the spirit of power confirm Thou me in Thy Cause, O my Best-Beloved, and by the light of Thy glory reveal unto me Thy path, O Thou the Goal of my desire! Through the power of Thy transcendent might lift me up unto the heaven of Thy holiness, O Source of my being, and by the breezes of Thine eternity gladden me, O Thou Who art my God! Let Thine everlasting melodies breathe tranquility on me, O my Companion, and let the riches of Thine ancient countenance deliver me from all except Thee, O my Master, and let the tidings of the revelation of Thine incorruptible Essence bring me joy, O Thou Who art the most manifest of the manifest and the most hidden of the hidden!

—Bahá'u'lláh

Day by day he must endeavor to become better, his belief must increase and become firmer, his good qualities and his turning to God must be greater, the fire of his love must flame more brightly; then day by day he will make progress, for to stop advancing is the means of going back. The bird when he flies soars ever higher and higher, for as soon as he stops flying he will come down. Every day, in the morning when arising you should compare today with yesterday and see in what condition you are.

—'Abdu'l-Bahá



You don't have to see the whole staircase, just take the first step.

-Martin Luther King Jr.

Is not the object of every Revelation to effect a transformation in the whole character of mankind, a transformation that shall manifest itself, both outwardly and inwardly, that shall affect both its inner life and external conditions?



—Bahá'u'lláh

The more we search for ourselves, the less likely we are to find ourselves; and the more we search for God, and to serve our fellow-men, the more profoundly will we become acquainted with ourselves, and the more inwardly assured. This is one of the great spiritual laws of life.

-Shoghi Effendi

Strive constantly to serve the welfare of the world; by devotion to selfless work one attains the supreme goal of life. Do your work with the welfare of others always in mind.

-The Bhagavad Gita

Yet perfection is not a requirement; what is required of us is a sincere daily effort to move towards this high standard. We are asked to tread a common path of service—supporting each other and advancing together, with sufficient humility to value the contribution of each person and avoid the pitfalls of self-righteousness.

—bahai.org

One moment can change a day, one day can change a life and one life can change the world.

—The Buddha

The troubles of this world pass, and what we have left is what we have made of our souls...

—Shoghi Effendi

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