

ŀ	Be kind whenever possible. It is always possible.
	Dalai L ama
No a	act of kindness, no matter how small, is ever wasted.
	Hesop
	•
0 ye	beloved of the Lord! The Kingdom of God is founded upon equity and justice, and also upon mercy,
com	passion, and kindness to every living soul. Strive ve

Abdu'l-Bahá

Kindness is the light that dissolves all walls between souls, families, and nations.

then with all your heart to treat compassionately all

humankind.

Paramahansa Yogananда

Do your little bit of good where you are, it's those little bits of good put together that overwhelm the world.

Desmond Tutu

A kindly tongue is the lodestone of the hearts of men. It is the bread of the spirit, it clotheth the words with meaning, it is the fountain of the light of wisdom and understanding.

Baha'u'lláh